Workshop Title: OHIO YAB Leadership

2024 Leadership and Life Skills Summit for Foster Youth

Workshop Duration: 50 minutes

Learning Description:

This workshop shares the benefits of youth advisory board involvement, and provides an opportunity for participating youth to identify their personal leadership style.

Learning Outcomes:

Participants will learn about:

- The Value of Youth Advisory Boards
- Their Leadership Style

Handouts:

OHIO YAB Membership Form

Agenda: (50 minutes total)

- 1.) Introduction and Purpose of Workshop
- 2.) Value of Youth Advisory Boards
- 3.) Leadership Style Activity
- 4.) Icebreaker Balls
- 5.) Question and Answer Portion

Training Outline:

1.) Introduction and Purpose of Workshop:

• <u>Trainer</u>: Shares purpose of workshop and how their lived experience makes this a topic of high importance to them.

2.) Value of Youth Advisory Boards:

• <u>Trainer</u>: Shares purpose of the <u>Value of Youth Advisory Boards</u>. Participants can contribute to this discussion, and their insights will be captured on Flip Charts.

3.) Value of Youth Advisory Boards:

• <u>Large Group Activity</u>: Participants self-identify their <u>Leadership Style</u>, and go to different corners of the room to discuss:

- a.) Great qualities related to having this style.
- b.) When this approach is helpful as a leader.
- c.) When this approach can be less helpful as a leader.
- d.) What important leadership roles and/or opportunities match well with this skillset.
- e.) Which of the other styles they might need in their group to build an effective team.

There will be Flip Chart pages to capture their insights, and they will be given a chance to report out afterwards.

4.) Icebreaker Balls:

If time permits, the trainer will use the Icebreaker Ball designed by OHIO YAB members with specific questions related to Youth Advisory Boards, including:

- A leadership style you have
- A leadership style you want to learn
- What does it mean to be a leader?
- Why do Youth Advisory Boards exist?
- What does "nothing about us without us" mean?
- How do YABs help youth?
- How do YABs improve foster care?

5.) Question and Answer Portion:

Trainer invites questions, and encourages participants to join the OHIO YAB.