Workshop Title: Leadership: The Power of Effective Communication

2024 Leadership and Life Skills Summit for Foster Youth

Workshop Duration: 50 minutes

Learning Description:

This workshop informs and empowers youth about the power of effective communication when it comes to their roles as county and statewide leaders.

Learning Outcomes:

Participants will learn about:

- Strategic Sharing
- How to Craft Diplomatic Messages (also referred to as: "Advocating Without Alienating")

Handouts:

Professional Development Plan

Agenda: (50 minutes total)

- 1.) Introduction and Purpose of Workshop
- 2.) Strategic Sharing Discussion, followed by Traffic Light Activity
- 3.) Diplomacy Activity with Buzzers
- 4.) Icebreaker Balls
- 5.) Question and Answer Portion

Training Outline:

1.) Introduction and Purpose of Workshop:

• <u>Trainer</u>: Shares purpose of workshop and how their lived experience makes this a topic of high importance to them.

2.) Strategic Sharing:

• <u>Trainer</u>: Hands out laminated traffic lights, discusses importance of Strategic Sharing, and facilitates a Traffic Light Activity.

3.) Diplomacy:

• <u>Large Group Activity:</u> Participants gather in groups by the Yes/No Buzzers. Trainer facilitates the Diplomacy Activity.

4.) Icebreaker Balls:

If time permits, the trainer will use the Icebreaker Ball designed by OHIO YAB members with specific questions related to Youth Advisory Boards, including:

- Risks of sharing your story
- Benefits of sharing your story
- What does strategic sharing mean?

5.) Question and Answer Portion:

Trainer invites questions and encourages participants to fill out a <u>Professional Development Plan</u>.