

Workshop Title: Post-Secondary Resources for Foster Care Youth and Alumni

2024 Leadership and Life Skills Summit for Foster Youth

Workshop Duration: 50 minutes

Learning Description:

This workshop provides an overview of federal, state, and county-specific resources to assist with higher education after foster care.

Learning Outcomes:

Increase participants awareness of resources including:

- Filling out the FAFSA as an independent student
- Applying for ETV funds
- Locating post-secondary programs in Ohio that are specifically designed to support student success for former foster youth through the Ohio Reach Network

Cultural Awareness:

Alumni of the foster care system have a great deal in common, regardless of age, race, ethnicity, geography, education, or occupation. This is based on the “lived experience” that we share, which often includes displacement and lack of family privilege. Our shared experiences form the basis of a shared culture—the culture of foster care.

With that in mind:

- Post-secondary access can help provide a pathway to building a positive future.
- Participation in post-secondary support programs can help young people build a network of mentorship and peer support.

Handouts: List of Post-Secondary Resources

Workshop Supplies: Higher Education Icebreaker Balls

Agenda: (50 minutes total)

- 1.) Introduction and Purpose of Workshop
- 2.) “Name That Resource” Activity
- 3.) Icebreaker Balls
- 4.) Additional Tips and Tools
- 5.) Question and Answer Portion

Training Outline:

1.) Introduction and Purpose of Workshop:

▪ Trainer: Shares purpose of workshop and how their lived experience makes this a topic of high importance to them.

2.) “Name That Resource” Activity:

▪ Large Group Activity: The trainer will share a PPT slide with logos, including Ohio Reach, and see if participants recognize them and can share the benefits.

3.) Icebreaker Balls:

The trainer will use an Icebreaker Ball designed by OHIO YAB members with specific questions related to postsecondary education, including:

- What is the Pell Grant?
- What are ETV funds?
- What is Ohio Reach?
- What is the FAFSA?
- What are OCOG funds?
- What is the difference between grants and loans?
- What is the difference between subsidized and unsubsidized loans?
- What’s the difference between out-of-state and in-state tuition?

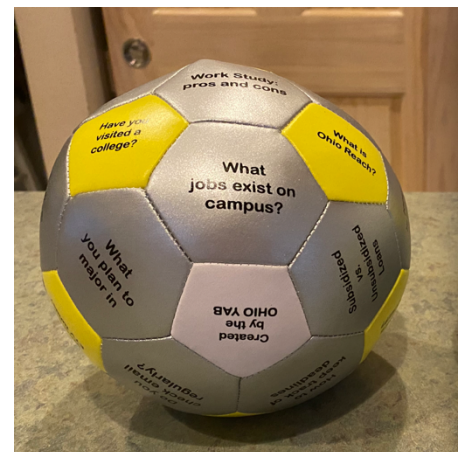


4.) Additional Tips and Tools:

▪ Large Group Discussion: While participants use the Icebreaker ball, additional Tips and Tools will be shared by the Trainer.

The Icebreaker Ball was designed by OHIO YAB members to include the following questions:

- Where to find cheap textbooks
- What’s a meal plan?
- Why meet with college advisor?
- What jobs exist on campus?
- Do you check email regularly?
- Pros and cons of work study?



5.) Question and Answer Portion:

Trainer invites questions and encourages participants to share their email addresses, so we can send them follow up correspondence.