



OHIO Youth Advisory Board Toolkit Instructions

The Overcoming Hurdles in Ohio (OHIO) Youth Advisory Board exists to be the knowledgeable statewide voice that influences policies and practices that effect all youth who have or will experience out of home care.

COMMUNICATION EXERCISE

Supplies needed:

1. Puzzle pieces and trays
2. Two chairs (facing in opposite directions from one another)
3. Two tables

Facilitator instructions:

1. Have two youth sit back-to-back
2. Have them decide who will be the instructor and who will be the listener
3. The “instructor” places the shapes on the tray however they please. Once, accomplished, they give instructions to the other person on how to mimic their design.
4. Switch roles when done, and try it again.

Rules:

1. Listener cannot look at instructor’s tray
2. Bystanders may not help the listener

Learning Outcomes:

- Listening skills
- Sharing clear messages
- Open-ended vs. close-ended questions

Quick Tip:

- This activity can also be done with drawing. Two youth sit back to back, and one of them draws a picture, and describes it to the other person, to see if he/she can draw the same thing.