

INDEPENDENT LIVING TRAIN THE TRAINER

Wednesday, Oct. 19, 2016, from 10 am – 3 pm

Location: NYAP, 431 E. Livingston Ave.



Draft Agenda:

Time	Agenda Item	Details
9:00 am	Facilitators arrive to set up	
10:00 am	Participants arrive	1.) Welcome and Purpose of the Day 2.) Ohio Administrative Code and Independent Living Services 3.) Life Skills Assessment 4.) Exit Plan: Essential Elements and Vital Documents 5.) Permanency Pact
Noon	Lunch	<i>*Might be a working lunch</i>
1:00 pm	Workshop resumes	6.) Statewide and Local Resources 7.) Hands-on Activities to Bring Those Resources to Life 8.) Next Steps to Move Forward
3:00 pm	Departure	

Additional Handouts

- 1.) Life Skills Assessment
- 2.) Youth Developed Discharge Plan
- 3.) Permanency Pact
- 4.) Franklin County and Statewide Resources for Foster Youth
- 5.) List of Sample Hands-On Activities

Ohio Administrative Code: 5101:2-42-19

Requirements for the provision of independent living services to youth in custody

(A) Independent living services shall be provided to each youth in the custody of a public children services agency (PCSA) or private child placing agency (PCPA) who has attained the age of fourteen to prepare them for the transition from agency custody to self-sufficiency.

(B) If a PCSA is providing independent living services to an eligible unmarried minor female who is pregnant or has a child and is part of an "Ohio Works First" (OWF) assistance group, the PCSA shall inform the local county department of job and family services (CDJFS) of the PCSA's involvement with the family in order to ensure coordination of services.

(C) **The PCSA or PCPA shall conduct a life skills assessment on each youth in agency custody, who has reached age fourteen.** The assessment shall be completed no later than sixty days after the youth's fourteenth birthday or sixty days after the youth enters agency custody, whichever is first. A life skills assessment shall establish the need for independent living services identified in paragraph (D) of this rule. The life skills assessment shall be completed with documented input from the youth, the youth's caregiver, and the youth's case manager.

(D) The PCSA or PCPA shall determine which independent living services are and are not applicable, based on the assessment required by paragraph (C) of this rule and shall include, but not be limited to the following:

(1) Academic support including:

- (a) Academic counseling.
- (b) Preparation for a GED.
- (c) Assistance in applying for or studying for a GED exam.

INDEPENDENT LIVING TRAIN THE TRAINER

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- (d) Tutoring.
- (e) Help with homework.
- (f) Study skills training.
- (g) Literacy training.
- (h) Help accessing educational resources.

(2) Post secondary educational support including:

- (a) Classes for test preparation.
- (b) Counseling about college.
- (c) Information about financial aid and scholarships.
- (d) Help completing college or loan applications.
- (e) Tutoring while in college.

(3) Career preparation including:

- (a) Vocational and career assessment, career exploration and planning, guidance in setting and assessing vocational and career interests and skills and help in matching interests and abilities with vocational goals.
- (b) Job seeking and job placement support, identifying potential employers, writing resumes, completing job applications, developing interview skills, job shadowing, receiving job referrals, using career resource libraries, understanding employee benefits coverage, and securing work permits.
- (c) Retention support and job coaching.
- (d) Learning how to work with employers and other employees.
- (e) Understanding workplace values such as timeliness and appearance.
- (f) Understanding authority and customer relationships.

(4) Employment programs or vocational training including:

- (a) Participation in an apprenticeship, internship, or summer employment program.
- (b) Participation in vocational or trade programs and the receipt of training in occupational classes for such skills as cosmetology, auto mechanics, building trades, nursing, computer science, and other current or emerging employment sectors.

(5) Budget and financial management including:

- (a) Living within a budget.
- (b) Opening and using a checking or savings account.
- (c) Balancing a checkbook.
- (d) Developing consumer awareness and smart shopping skills.
- (e) Accessing information about credit, loans and taxes.
- (f) Filling out tax forms.

(6) Housing, education and home management training including:

- (a) Assistance or training in locating and maintaining housing, filling out a rental application and acquiring a lease, handling security deposits and utilities, understanding practice for keeping a healthy and safe home, understanding tenants rights and responsibilities, and handling landlord complaints.
- (b) Instruction in food preparation, laundry, housekeeping, living cooperatively, meal planning, grocery shopping and basic maintenance and repairs.

(7) Health education and risk prevention including:

INDEPENDENT LIVING TRAIN THE TRAINER

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- (a) Hygiene, nutrition, fitness and exercise, and first aid information.
- (b) Medical and dental care benefits, health care resources and insurance, prenatal care and maintaining personal medical records.
- (c) Sex education, abstinence education, and HIV prevention, education and information about sexual development and sexuality, pregnancy prevention and family planning and sexually transmitted diseases and AIDS; substance abuse prevention and intervention, including education and information about the effects and consequences of substance use (alcohol, drugs, tobacco) and substance avoidance and intervention.

(8) Family support and healthy marriage education including education and information about safe and stable families, healthy marriages, spousal communication, parenting, responsible fatherhood, childcare skills, teen parenting and domestic and family violence prevention.

(9) Mentoring including being matched with a screened and trained adult for a one-on-one relationship that involves the two meeting on a regular basis. Mentoring can be short-term, but may also support the development of a long-term relationship.

(10) Supervised independent living including a youth who is living independently under a supervised arrangement paid for or provided by the county agency.

(11) Room and board financial assistance for rent deposits, utilities, and other household start-up expenses. The PCSA or PCPA shall not use the Chafee allocation or TANF funds for room and board pursuant to rule 5101:9-6-35 of the Administrative Code for:

- (a) Youth under the age of eighteen.
- (b) Young adults that have reached their twenty first birthday.

(E) The PCSA or PCPA shall develop a written independent living plan within thirty days of the completion of the assessment required by paragraph (C) of this rule, to help the youth achieve self-sufficiency. The plan shall be based upon the assessment, the developmental age of the child and include input from the youth, the youth's case manager, the caregiver, and significant others in the youth's life. The independent living plan shall document the strengths, limitations, and resources of the youth and outline the services to be provided. The independent living plan shall be reviewed at least every ninety days thereafter until the agency's custody is terminated. A copy of the plan and any subsequent updates shall be provided to the youth and caregiver within thirty days of the development of the plan or the update as applicable.

(F) The PCSA or PCPA shall provide independent living services training opportunities to caregivers caring for adolescents.

(G) The PCSA or PCPA shall include in the independent living plan the contact information containing the names, addresses and phone numbers of significant others, such as former foster parents, friends, mentors, child's attorney, GAL/CASA and extended family members as provided by the young adult.

(H) The PCSA or PCPA shall ensure each child in agency custody who has attained the age of fourteen or older until emancipation, annually receives all copies of their consumer credit report pursuant to rule 5101:2-38-10 of the Administrative Code for PCSA and rule 5101:2-38-04 of the Administrative Code for PCPA.

(I) A PCSA shall ensure the following initial information is entered into SACWIS and a PCPA shall ensure that the initial information is documented in the case record within the youth's first year of custody and any subsequent updates shall be documented within thirty days:

INDEPENDENT LIVING TRAIN THE TRAINER

Wednesday, Oct. 19, 2016, from 10 am – 3 pm

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- (1) All services provided to youth as indicated in paragraph (D) of this rule.
- (2) Youth characteristics including: (a) Education levels. (b) Tribal membership. (c) Delinquency adjudication. (d) Special education. (e) Medical conditions.
- (3) Basic demographics of the youth including: gender, race, and ethnicity

(J) The PCSA shall enter in SACWIS and the PCPA shall document in the case record the date the independent living assessment and the independent living plan were completed. All review dates of the independent living plan shall be entered in SACWIS, in accordance with rule 5101:2-33-70 of the Administrative Code. The PCPA shall document all review dates in the case record.

(K) At least ninety days prior to the youth's emancipation from the agency's custody, the PCSA or PCPA shall work with the youth to develop a final transition plan. The plan shall be youth-driven and as detailed as the youth chooses. The plan shall include information regarding:

- (1) The youth's option to receive post emancipation services identified in rule 5101:2-42-19.2 of the Administrative Code, provided or arranged by the PCSA or PCPA from which the youth emancipated.
- (2) Health care including:
 - (a) Health insurance.
 - (b) Health care power of attorney.
 - (c) Youth's option to execute power of attorney.
- (3) Employment services.
- (4) Secondary and post secondary education and training.
- (5) Obtaining and paying for housing.
- (6) Budgeting for necessary living expenses.
- (7) Obtaining a credit report.
- (8) Registering for selective service.
- (9) Information on obtaining a drivers license.
- (10) Information on any existing court fees associated with the youth's name prior to emancipation.
- (11) Information on any existing benefits the youth receives, such as but not limited to social security benefits. If necessary, the PCSA or PCPA shall review with the youth instructions on how to apply for continuation of those benefits.

(L) Prior to the youth's emancipation from the agency's custody, the PCSA or PCPA shall coordinate with the following agencies, to obtain necessary documents:

- (1) The department of health, office of vital statistics, to ensure the youth obtains an original birth certificate.
- (2) The social security administration, to ensure the youth obtains an original social security card.
- (3) The bureau of motor vehicles, to ensure the youth obtains a current state identification card and information on obtaining a drivers license.

(M) The PCSA or PCPA shall provide a copy of the transition plan to the youth along with the following:

- (1) A copy of the youth's health and education records.
- (2) A letter verifying that the youth emancipated from agency custody.

(N) The PCSA shall document in SACWIS the date the agency provided the information in paragraphs (E) and (J) to (M) of this rule. The PCPA shall document the information in the case record.